



INGLÉS I (A)

Apellidos _____ Nombre _____

DNI _____ Fecha _____

INSTRUCCIONES GENERALES

- Duración de la prueba: 1 hora.
- Mantenga su DNI en lugar visible durante la realización de la prueba.
- Lea detenidamente la prueba y responda únicamente a lo que se le pregunte.
- Cuide la presentación y la ortografía. Revise la prueba antes de entregarla.
- Cada ejercicio tiene asignado su calificación correspondiente.
- La audición se realizará tres veces en los tiempos que determine el tribunal.
- Esta prueba se calificará numéricamente entre 0 y 10.
- Para superar la materia de INGLÉS I (A), deberá obtener una puntuación mínima de cinco puntos.

I. READING COMPREHENSION

NOMOPHOBIA: THE IRRATIONAL FEAR OF BEING WITHOUT A MOBILE PHONE

If we stop to think about what we look at most during the day, the answer would probably not be our family or friends, nor television or books. The most feasible option would be the mobile phone. That small device that forms a large part of our lives can lead to what is known as "nomophobia", a disorder that experts have described as the disease of the 21st century.

The term was coined in 2009 in the UK and comes from the anglicism "nomophobia" ("no-mobile-phone-phobia"). The dependence on the electronic device causes an unfounded sense of confinement in the user who does not have it. A YouGov Real Time study in 2019 found that 44% of Britons surveyed were anxious if they could not use their mobile phone to "keep in touch" with their circle.

The most common psychological consequences of nomophobia are anxiety, depression or isolation. There are also physical consequences such as headaches, stomach aches, eye discomfort or wrist and neck pain due to improper positioning. Although anyone can suffer from nomophobia, this disorder tends to affect adolescents the most, with the 14-16 age group being the most prevalent.

As with all addictions, prevention is the key. There are some simple actions to prevent excessive use of mobile phones from leading to extreme dependence or a major disorder. Among the most effective are the following: uninstall some applications that we consider to be time-wasters such as games, do not use it at mealtimes or mute notifications. However, in extreme cases, we should see a specialist. Treatment will depend on each person's level of self-control. It is essential that we accept that we cannot have our mobile phones at our disposal at all times and that we create our own commitment to a healthy use of technology.

Adapted from: <https://www.iberdrola.com/social-commitment/nomophobia>

1) Read the text again and write TRUE or FALSE for these sentences. Copy the evidence from the text to justify your answer. No marks are given for only T or F.

(4x0.5p= 2 points)

1.a) The majority of British people surveyed panicked when they were not able to use their mobile phone to communicate with their circle. _____

1.b) Nomophobia is a disorder that only affects teenagers. _____

1.c) Extreme dependence can be treated with some simple actions. _____

1.d) To stay healthy, we must not have our mobile always available for use. _____

2) Find words and phrases in the text, which match the definitions.

(5x0.1=0.5 points)

2.a) **Gadget** (Paragraph 1) _____

2.b) **Invented, created** (Paragraph 2) _____

2.c) **Polled** (Paragraph 3) _____

2.d) **Dominant** (Paragraph 4) _____

2.e) **Engagement** (Paragraph 4) _____

II. USE OF ENGLISH (2.5 points)

3) Rewrite the following sentences starting with the words given: (5x0.5= 2.5points)

A) Someone has given him some money to buy the books (Passive)
He _____

B) Sally doesn't have a bike so she can't go cycling. (Conditional)
If Sally _____

C) "I watched a film about superheroes on TV yesterday," said Peter (Reported Speech)
Peter said _____

D) My sister has won a trip to London in a contest. Her family loves travelling abroad. (Relative Sentences)
My sister _____

E) It's possible the weather will be rainy tomorrow (Modal Verbs)
The weather _____

III. LISTENING (2.5 points)

4) Listen to this extract with some interesting information about our brain. Decide if the following sentences are TRUE (T) or FALSE (F) (0,5x2= 1 point)

	True / False
a) We have around one hundred thousand neurons	
b) The brain creates enough energy to power a light bulb	